



Basic Trauma Kit

Below is only a suggestion. Additional items may be added as you see fit.

Item	Minimum	Better	Best	URL
1-inch roller bandage	1	2	3	https://tinyurl.com/42bmussp
2-inch roller bandage	2	2	4	https://tinyurl.com/4awaxnzw
4 x 4 Gauze pad	2	5	5	https://tinyurl.com/5n6su35x
4 x 9 trauma pad	2	4	6	https://tinyurl.com/4prkwawj
Antiseptic wipes	1	1	1	https://tinyurl.com/2d85ezzf
Band-Aids	1	1	1	https://tinyurl.com/mr2xu2sb
Blue medium pen	1	1	1	https://tinyurl.com/2axjzbsv
CAT Tourniquet*	2	4	6	https://tinyurl.com/4jbsf5kn
Cold Pack	1	4	4	https://tinyurl.com/384aacct
CPR face shield*	1	1	1	https://tinyurl.com/4ze4j6xu
Gloves XL	2	3	4	https://tinyurl.com/5ev79k2u
Glowsticks (yellow)	6	6	6	https://tinyurl.com/hb97xyeb
Hand sanitizer	1	1	1	https://tinyurl.com/3vc3m6dn
Hemostatic Dressing*	1	2	3	https://tinyurl.com/4d2ck4nj
Instant glucose		1	1	https://tinyurl.com/mhk5hm9y
Medical bag	1	1	1	https://tinyurl.com/mr3z4rnp
Nasal airway*			1	https://tinyurl.com/4nnzryhy
Note pad	1	1	1	https://tinyurl.com/5y643xxt
Oral airways*	1	1	1	https://tinyurl.com/yzda7xzd
Ouch Pouch Patch	1	1	1	https://tinyurl.com/32wr53un
Permanent marker	1	1	1	https://tinyurl.com/3urrufmc
Pressure Bandage*	2	2	2	https://tinyurl.com/3zc2tr45
Saline for irrigation			1	https://tinyurl.com/mr3tz98t
Sam Splint			1	https://tinyurl.com/yb66whyf
Self-Adhering Wrap	1	2	2	https://tinyurl.com/mr35eaaj
Thermal blanket	1	1	1	https://tinyurl.com/32rmwh59
Trauma shears	1	1	1	https://tinyurl.com/55pu9tke
Triangular bandage	4	4	4	https://tinyurl.com/23vvjrt9
Wound packing gauze*			2	https://tinyurl.com/5d2keuwv

For those that are EMR/EMT or has a higher level of training may consider including a pulse ox and/or Blood Pressure Cuff and Stethoscope.

* Additional training may be required to use some of the listed items. The good Samaritan laws will only protect you if you operate within your scope of training with the use of equipment that you have been trained to use.